

## HealthSmart Gym Reopening

Revised 5/19/21

HealthSmart Advantage at Chappaqua Crossing is a Private and exclusive gym for Tenants only.

The following new guidelines, information, policies and procedures are defined below:

*(These guidelines have been approved by the Department of Health)*

### Hours of Operation:

**Monday through Thursday** 6 am to 9 pm

**Friday** 6 am to 8 pm

The gym will be staffed during opening hours to oversee all members are following our new guidelines.

**Entrance:** All members must enter the gym through the main entrance doors. Once in the gym you may enter restrooms and re-enter locker rooms. Members must go to front reception desk to check in. ***Do Not enter Gym through restroom/locker room entrance.***

**Capacity:** 100% equal to 60 members max per hour.

***(Based on 60-member capacity max per hour)***

*Note: this will be extremely rare as we are not open to the public.*

**Masks:** Fully vaccinated members are Mask Free.

*(Please present your vaccination card once to be put on list)*

***Those not yet vaccinated or are within two weeks of completing their vaccination are required to wear masks indoors.***

If you need a mask you can purchase a new one for \$1 at the Reception Desk.

**Social Distancing:** Must maintain a minimum of 6 feet from staff and other members. Clearly visible signs are posted throughout the gym.

**Covid-19 Waiver:** All members are required to sign a Covid-19 Waiver upon first entry.

**Disinfection Fee:** All members/participants are required to pay an **annual \$25 Disinfection Fee**. This fee covers the new cost of cleaning equipment supplies for your protection. **Cash, Check or Credit Card upon signing Covid-19 Waiver**

**Temperature Check and Tracking:** All members and Staff are to check their temperature using our wall mounted **Temperature Scanner daily**.

All members will track their temperature daily and provide Name, Time, Company and Temperature on our tracking form.

Normal Temp will display in Green and One Beep

High Temp will display in Red and Multiple Beeps. (99.6°)

If you have a High Temp reading step back and repeat, when you repeat temperature and still have a High Temp reading, you must document temperature and leave the Gym. We advise you to inform your employer and follow their policies.

The staff will follow disinfectant protocols and initiate contact tracing procedures.

**Gym Equipment Layout:** We have spread out equipment and created a flow throughout the gym with Orange Arrows marking out a directional path.

**Hygiene/Disinfecting:** The gym is equipped with numerous **Hand Sanitation Stations** that are wall mounted throughout the gym. In addition, our **Spray Bottles have 80% alcohol** content. Use paper towels and discard towels in trash receptacles. **Members Must Wipe Down Equipment After Each Use.** We also have Gym Wipes for disinfecting equipment in our stainless-steel containers.

**Shower's and Sauna's:** The **showers are available**, and we ask that you spray down with our bleach spray bottle after each use. Sauna's, towel service and clothing rental service is not available at this time.

**Air Filters:** Merv-13 air filters have been installed for a higher air quality rating. The building management will be maintaining a high quality of service.

***Note: These new guidelines, information, policies and procedures may change at any time.***

***Please periodically check our Covid-19 Update.***

***We look forward to seeing you back!***